



INTERVENT INTERNATIONAL

Your global wellness
partner for chronic disease
prevention and management



● **MetLife** and **AXA** in partnership

As healthcare costs continue to rise at a rate faster than general inflation the world over, it's hardly surprising that multinational employers, like you, are gathering and analysing medical data to better understand and tackle their biggest cost drivers.

As a multinational, you are then left facing the challenge of turning this data into medical programmes and proactive wellness campaigns that make the biggest difference to the wellness of your employees – and ultimately, of course, to productivity and the bottom line. This task is made more difficult by disparities in the availability of medical programmes and wellness solutions in different countries and regions.

We launched MAXIS Global Wellness to help you offer cross-border, locally available programmes, complementing the medical and wellness solutions offered by our local member insurers. In order to do this, we have partnered with a number of carefully selected third party suppliers able to offer a consistent service the world over.¹

INTERVENT International is a global behaviour change and population health management provider.² MAXIS clients can take advantage of INTERVENT's evidence-based, technology-enabled, data driven programmes for the prevention and management of multiple chronic diseases.

What solutions does INTERVENT provide?

INTERVENT's online app provides multiple solutions as part of a single, integrated platform. Through the suite of services, our multinational clients can choose any or all of these engaging wellness solutions to help improve the overall health of their employees:

- health risk assessments, including personalised participant and doctor summary reports
- digital/telehealth coaching, including lifestyle management* and chronic condition management
- diabetes prevention and management, including integration with blood glucose monitors
- weight management, including integration with newer prescription anti-obesity medications

INTERVENT's tools and programmes are all designed to improve employee health and wellbeing, while enhancing productivity and minimising disability – all with the added benefit of reducing potentially avoidable healthcare costs.

* Includes: (i) regular exercise/physical activity, correct nutrition, weight management, mental health (with a focus on stress management, resilience and wellbeing), healthy sleep/fatigue management and tobacco cessation and (ii) helping participants comply with prescribed medications and other important aspects of their regular medical care.

1 MAXIS GBN may receive fees, commissions and/or other remuneration from third parties in connection with the services we carry out for you.

2 INTERVENT September 2019. INTERVENT International Concise Overview for MAXIS GBN. PDF, Georgia, United States





Who is INTERVENT?

Founded in 1997, US-based INTERVENT is a physician-led, technology-driven, behaviour change and population health management company.¹ Its programmes have been extensively tested across a wide variety of employee populations and have served large multinationals on multiple continents and in multiple languages.

INTERVENT's programmes have been used by more than two million participants worldwide¹ and have featured in numerous studies published in peer-reviewed scientific journals, including randomised and independently-conducted clinical trials.

How can you work with INTERVENT?

MAXIS clients can work with INTERVENT to deliver a tailored range of proactive wellness programmes. INTERVENT provides:

- assistance with planning and designing programmes
- a communications guide to help engage employees
- a branded portal with access to an array of information and tools
- aggregated evaluation and reporting to give insights into usage and success.

INTERVENT's solutions are designed to be implemented globally and can be scaled to match our clients global footprint.

For more information on how you can implement a global wellness programme with INTERVENT, please visit maxis-gbn.com or contact your local MAXIS GBN representative.



¹ INTERVENT September 2019. INTERVENT International Concise Overview for MAXIS GBN. PDF. Georgia, United States



MAXIS GLOBAL WELLNESS

POWERED BY HEALTH DATA

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